



## OCCUPATIONAL THERAPY

Our Occupational Therapists focus on promoting your health and wellbeing by working with both the physical and social aspects of your life, as part of a holistic approach. Our Occupational Therapists will work with you towards achieving your goals.

## How we can help you

There are several reasons why you may benefit from seeing an Occupational Therapist, these include:

- Improving your daily living skills
- Sourcing and determining the right assistive technology for you
- Conducting functional assessments
- Driving assessments and vehicle modifications
- Consulting on home modifications
- Conducting seating and postural assessments
- Improving functional capacity
- Undergoing pressure mapping and pressure risk reduction.



## **Experience the Spinal Life difference**

Our Occupational Therapists offer specialised insight, expertise and professionalism to help you take life back. You'll be in safe hands!

## Where do we offer Occupational Therapy?



Healthy Living Centre Brisbane and Cairns



At your home 'we can come to you!'

We provide this service to anyone over the age of 16 with spinal cord damage or other physical disabilities.



