



Emergency preparation - Pre-hospital admission

Should you require to be admitted to hospital, it is important to prepare with your carers, family and supporters to minimise risks and ensure you have access to equipment, medications and other supports that you may need during your stay.

We suggest you use this pre-admission check list to help your carers, support workers or family to prepare for any hospital admissions in the future.

In case of hospital admission, make sure you have considered:

Transport for Mobility Aid to hospital

Queensland Ambulance Service will not transport mobility aids for patients transporting to hospital, You will need to consider possible alternatives, such as asking a friend or family member to assist in delivering your device.

A list of current medications

2-3 weeks supply of current medications

Supplies of required continence aids, catheters, ostomy supplies etc and related consumables

Copies of recent continence assessments if available

Copies of prescriptions for medications

Pressure relieving aids

(pressure relieving cushions, pressure mattresses and pumps)

Transfer equipment (hoist, slide boards etc)

Batteries, chargers for mobility equipment and mattresses)

Information about your bowel routine and catheter routines

Copy of Autonomic Dysreflexia alert card – see spinal.com.au/emergencyplan

Contact details for your next of kin.

A plan on how you will return home or to relevant accommodation after your hospital admission is completed.