

# Ian Chill

## PEER MENTOR

Ian Chill hasn't let his wheelchair stop him from doing anything – even bungy jumping.

The Cairns man's can-do attitude makes him the ideal mentor for people with spinal cord injuries.

He knows what it's like to be a newly-injured patient – adjusting physically and emotionally with changes to one's body, family and life.

Ian has thrived. Last year, he went on a US holiday with his family – wife Nikki and children Sam, 14, Hayley, 13, and Jaimee, seven.

He works at the Cairns Regional Council as their Access and Equity Project Officer.

As Far North Queensland's Spinal Injuries Association's Peer Mentor, he assists people in dealing with the reality of living with quadriplegia or paraplegia, inspiring them 'from injury to independence'.

"When your life completely changes, it helps to have someone there who has been through the same thing – someone who can say 'I know how you feel' and it's the truth," Ian says.



**If you want to get in touch with Ian,  
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